

Bikeability Holiday Courses

Bikeability is today's cycle training programme. It's like cycling proficiency, but better! It's about gaining practical skills and understanding how to cycle on today's roads.



Bikeability Balance

These courses are currently only available to schools. For children age 3 to 6 years, in groups of up to 5 per instructor. A fun activity for beginners that helps them learn to balance on a bicycle and builds confidence.

Learn to Ride

For children age 7 and above, in groups of up to 3 per instructor. Designed for children who are unable to ride a cycle, teaching the skills necessary to get them cycling with confidence.

Level 1

For children in Year 3 or 4, in groups of up to 12 per instructor. For children who are able to ride a cycle (without stabilisers), teaches basic cycle control skills in a traffic free environment building their confidence ahead of on-the-road training.

Level 2

For children in Year 5 or above, in groups of up to 6 per instructor. Teaches children how to deal with traffic on short journeys, a real cycling experience on quiet roads.

Level 3

For children who have completed Level 2 and are in Year 7 or above, in groups of up to 3 per instructor. Advanced on road cycling, busier streets, queuing traffic and complex junctions and roundabouts.

Before your child's course, please take a few minutes to look at the Bikeability website;

www.bikeability.org.uk/about-cycle-training/cycle-training-for-children/

All instruction is undertaken by National Standard Qualified Instructors, all of whom have undertaken satisfactory Disclosure and Barring Service (DBS) checks, safeguarding training and have appropriate first aid qualifications.



February Half Term 2022

Type of Course	Venue	Date and Time	Spaces	Cost	To book a place, please visit...
Learn to Ride	Ivybridge Community College PL21 0JA	Monday 21 st February 09:00 – 11:00	3	£20.00	cyclepssp.co.uk/Course/bikeability-learn-to-ride/
Learn to Ride	Ivybridge Community College PL21 0JA	Monday 21 st February 11:30 – 13:30	3	£20.00	cyclepssp.co.uk/Course/bikeability-learn-to-ride/
Learn to Ride	Ivybridge Community College PL21 0JA	Monday 21 st February 14:00 – 16:00	3	£20.00	cyclepssp.co.uk/Course/bikeability-learn-to-ride/
Learn to Ride	Tavistock College PL19 8DD	Monday 21 st February 09:00 – 11:00	3	£20.00	cyclepssp.co.uk/Course/bikeability-learn-to-ride/
Learn to Ride	Tavistock College PL19 8DD	Monday 21 st February 11:30 – 13:30	3	£20.00	cyclepssp.co.uk/Course/bikeability-learn-to-ride/
Learn to Ride	Tavistock College PL19 8DD	Monday 21 st February 14:00 – 16:00	3	£20.00	cyclepssp.co.uk/Course/bikeability-learn-to-ride/
Learn to Ride	St Luke's C of E School EX1 3RD	Wednesday 23 rd February 09:00 – 11:00	3	FREE* £24 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-learn-to-ride-devon/
Learn to Ride	St Luke's C of E School EX1 3RD	Wednesday 23 rd February 11:00 – 13:00	3	FREE* £24 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-learn-to-ride-devon/
Learn to Ride	St Luke's C of E School EX1 3RD	Wednesday 23 rd February 13:30 – 15:30	3	FREE* £24 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-learn-to-ride-devon/
Level 2	St Luke's C of E School EX1 3RD	Monday 21 st & Tuesday 22 nd February 10:00 – 15:00 (must attend both days)	6	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-2/
Level 2	Ivybridge Community College PL21 0JA	Tuesday 22 nd & Wednesday 23 rd February 10:00 – 15:00 (must attend both days)	6	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-2/

Continued overleaf...

Type of Course	Venue	Date and Time	Spaces	Cost	To book a place, please visit...
Level 2	Tavistock College PL19 8DD	Tuesday 22 nd & Wednesday 23 rd February 10:00 – 15:00 (must attend both days)	6	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-2/
Level 2	St Luke's C of E School EX1 3RD	Thursday 24 th & Friday 25 th February 10:00 – 15:00 (must attend both days)	6	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-2/
Level 3	Ivybridge Community College PL21 0JA	Thursday 24 th February 09:00 – 15:00	3	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-3/
Level 3	Ivybridge Community College PL21 0JA	Friday 25 th February 09:00 – 15:00	3	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-3/
Level 3	Tavistock College PL19 8DD	Thursday 24 th February 09:00 – 15:00	3	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-3/
Level 3	Tavistock College PL19 8DD	Friday 25 th February 09:00 – 15:00	3	FREE* £45 REFUNDABLE DEPOSIT REQUIRED	cyclepssp.co.uk/Course/bikeability-level-3/

★ **These are the only courses we will be offering in Devon during February half term this year** ★

* To secure a place on a course, we take a refundable deposit at the point of booking.

The deposit is refundable **only** on completion of the booked course.

For more information, please read the Terms & Conditions in the booking window on our website.*

Tell us how we did! Please complete our 'Children & Parents Feedback Survey' after your child's course;

www.traveldevon.info/cycle/cycle-training/children/

Feedback from children and parents is a way to measure the success of Bikeability in Devon. It is also shared with the Bikeability Trust and the Department for Transport who provide the funding for Bikeability.

Do you want to be the first to know about new holiday courses?

Our next holiday courses in Devon should be available during the Easter holidays in 2022
Send an email to psspadmin@sjhcsc.co.uk to join our emailing list, with the subject heading
"Add to Bikeability E-Mailing List"

Why not follow us on social media too?



@PSSPCycleTraining



@CyclePSSP