

DEVON PE INCLUSION NEWSLETTER AUTUMN 2025



WELCOME TO THE AUTUMN TERM—DEVON INCLUSION NEWSLETTER

Hello and welcome! This is the **first Devon Inclusion Newsletter of 2025/26**, packed with updates, training opportunities, and resources for anyone working with children with SEND.

If you're new to this newsletter, here is a quick introduction: My name is Catherine Kilburn (Killer), and I'm the Head of PE at Orchard Manor School (OMS), Dawlish. OMS is a special school for children aged 4–19, supporting pupils with communication and interaction difficulties, autism, and learning needs. Students attend OMS either as day or residential pupils.

I've worked across various schools delivering PE as well as leading a School Sports Partnership (SSP). I am also now the Lead Inclusion School for Devon, part of a national network working on the Inclusion 2028 programme. This is a three-year, DfE-funded initiative aiming to improve opportunities for young people with SEND through targeted interventions in PE, School Sport, and Physical Activity.

Devon is a large and diverse county, so a key part of my role is to signpost and support schools with local providers who deliver activities on the ground. Please drop me an email if you need any information or advice! ckilburn@orchard-manor.org. Thanks! Killer

FOOTBALL OPPORTUNITIES FOR SEND STUDENTS

Exciting football opportunities are now available for SEND students! Devon FA has also welcomed a new Disability Officer for Football, who will be promoting these initiatives and more once settled in.

COMETS FOOTBALL

At OMS, we trialled the Comets programme last term - a fully inclusive football initiative for boys and girls aged 5–11. It's all about playfulness, friendship, and fun, whether in a club setting or at school.

If you're interested in setting up a Comets Club, you'll receive:

- Online training
- A fantastic resource bag
- Creative cards full of ideas

At OMS, we've used the resource cards in lots of fun ways, including having our young Sports Leaders to deliver activities to each other and to our younger pupils.

Interested? Email ckilburn@orchard-manor.org by 12th December 2025.

SEND FOOTBALL SHOOTING STARS

This Disney-inspired programme is designed to help primary-aged SEND students develop physical literacy, integrating movement with storytelling to boost agility, balance, coordination, confidence, and self-esteem. It includes practical resource cards and there is online training available. Next online sessions are: 25 November, 2:30–4:30 PM and 12 February 2026, 6:30–8:30 PM. For more info or to sign up—click here: [SEND Disney Inspired Shooting Stars](#)



GIRLS ACTIVE

New research shows that girls with multiple inequalities are at much higher risk of inactivity. This report is essential reading for anyone designing curriculum, enrichment programmes, or group activities. [Girls Active National Reports 2025 - Youth Sport Trust.](#)



Devon Events & Activities

Keep an eye on the Active Devon website for upcoming events:

- Football events (already held this term) will be repeated next term
- Events have been expanded to allow more teams
- Big Girls' Football event planned for the Summer Term

We'd love more schools—both mainstream and SEND—to get involved! Entries are via the website link to help organisers manage teams efficiently.

[Devon School Games 2025-2026 Events for Children and Young People - Active Devon](#)

If you have any questions, or need any more information—please drop me an email: ckilburn@orchard-manor.org. Thanks! Killer



RESOURCES FOR SEND AND INCLUSION

I will slowly drip feed different resources with my starting point being two excellent free online resources.

TOP-Sportsability

24 different sports and activities with printable rules, training games, adapted games etc with videos - Great for SEND and inclusive PE.

[Click here](#) Sign-up code: **YSTINCLUSION54**

All About Autism PDF

A fantastic and comprehensive guide on autism - [Click here to download.](#)

TRAINING OPPORTUNITIES

1. Boccia Courses – Young Leaders & Adults

In partnership with Active Devon, we're offering **FREE** Boccia courses - perfect for both young leaders and adults delivering Boccia.

- **24 November – Torbay**

[Book here](#) – **Devon School Games 2025–2026 Events for Children and Young People**

2. TA E-Learning: Supporting PE

A **FREE** e-learning course for Teaching Assistants supporting PE where they can learn practical strategies to support inclusive PE. Access here: [E-learning module](#) and use the code: **tainclusion2028**

3. Activity Alliance: Inclusive Activity Workshop

A **FREE** 3-hour workshop to build confidence in delivering inclusive PE, School Sport, and Physical Activity. The course covers: Learning to create inclusive environments, Planning sessions for all abilities and exploring creative inclusion strategies.

Thursday 4 December, Kennford, Exeter 9am to 12pm

For details & booking click here: [Inclusive-Activity-Programme-Training-Workshop-4th-Dec-25.pdf](#)