



Inclusive Sports Festival at Marjons



This event will take place at the University of St. Mark & St. John, otherwise known as Marjon's.



These are the sports halls where we will run our event.



My name is Claire Cormack, I will be leading this event alongside students who attend the university.

At this event, you will be in teams of 4 from your school and you will have the chance to try-out and play Boccia, New Age Kurling and Seated Volleyball.



Boccia is a sport that is played sat down. The aim is to get your teams colour balls closer to the target white ball than the other team.



In New Age Kurling, 2 teams each try to get their colour 'stone' (that's what the blue and red discs are called) closer to the centre of the target than the other team.



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In Seated Volleyball – 2 teams face each other over a net and push a balloon or ball over. Points are scored if it hits the floor on one side or goes out of court. We play sat down.

If you would like to know more about these sports, here are some links to videos that you can check out. We may play the games slightly differently at our festival (mainly to adjust for the space and the number of participants) but it will be very similar.

Boccia - <https://www.youtube.com/watch?v=WO8RBhKhVf8>

New Age Kurling – <https://www.youtube.com/watch?v=kGWohf1zFU4>

Seated Volleyball - https://www.youtube.com/watch?v=L_2l5nba0H4