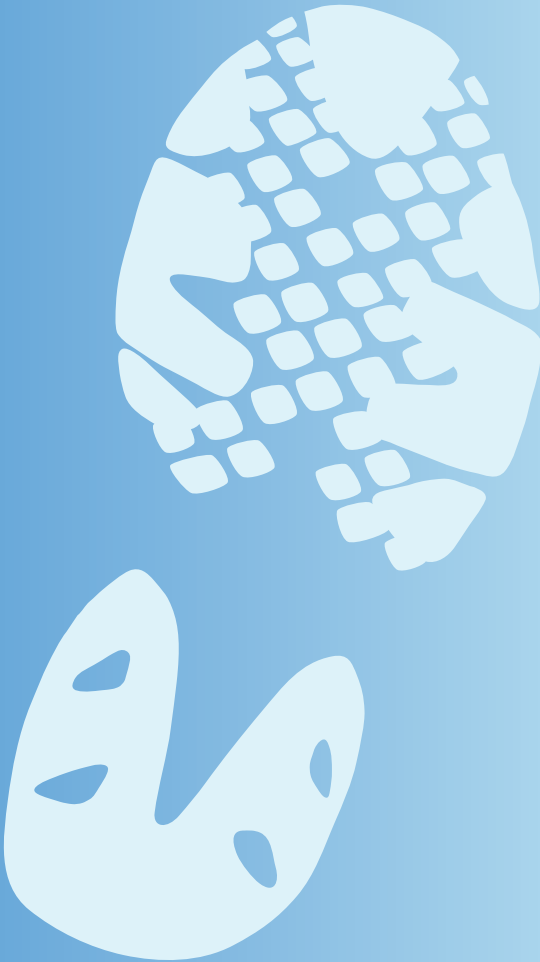


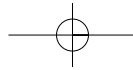
# step into sport



## Volunteer Passport







**Congratulations! On joining the Step into Sport Volunteering team of young active volunteers.**



Since the programme began, we have engaged with over 16,000 young people like you, who have been deployed into volunteering.

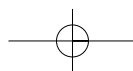
Here are some comments from young people who are currently actively involved in leadership and volunteering:

**“ I really enjoyed participating in the Step into Sport Programme and it’s created many new and exciting challenges for me over the last few months ”**

Female

**“ It has given me the ability to coach large numbers and organisation skills, ability to control a group better and also improved my social skills by meeting new people in large numbers. ”**

Male, aged 17



## INTRODUCTION

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### What is Step into Sport?

Step into Sport focuses on young people aged between 11 – 19 years and aims to encourage them to undertake an involvement in sports leadership and volunteering that will continue later in life.

### What opportunities are available to me?

#### School-based Volunteering

This is aimed at young people aged between 14 – 19 years who are actively involved in volunteering within a school environment. Active volunteers will be given the opportunity to achieve either a bronze, silver or gold award in school-based volunteering. Hours can be accumulated from a variety of volunteering experiences on the school site, please refer to the diagram on page 4.

#### Community-based Volunteering

This is aimed at young people aged between 14 – 19 years who have undertaken some leadership training previously. This is usually in the form of a leadership or NGB awards. This can also include leadership experience gained through other accredited sources such as Duke of Edinburgh Award or any previous volunteering experience. This part of the award must be undertaken in a local community sports club, local sporting event or other community group such as a youth club. Hours can be accumulated from a variety of volunteering experiences in the community please refer to the diagram on page 5.

## INTRODUCTION

### How do I identify a suitable placement?

You may already have links with a local club/organisation and want to develop your placement there, or you may know of an organisation in your area that you would like to find out more about and work with.

Most placements should be within a local sports club or association within your local community, this could be a local football club, swimming club, youth club or uniformed group etc.

Contact your School Sport Co-ordinator or Step into Sport Mentor to discuss your placement opportunities and let them assist you with organising your placement.

### What awards can I achieve?

#### School-based Volunteering

Bronze: 50 hours

Silver: 100 hours

Gold: 200 hours

#### Community Volunteering

Bronze: 50 hours

Silver: 100 hours

Gold: 200 hours

#### Dame Kelly Holmes Double Gold Award: 400+ hours

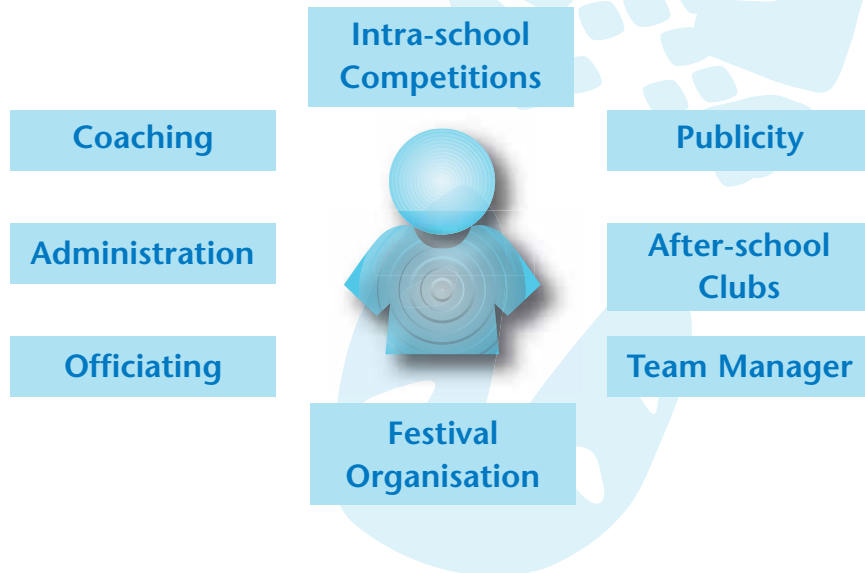
This must be achieved either through 200 hours school-based volunteering and 200 hours community-based volunteering or 400 + community-based volunteering.

**“ I really enjoy working with children with disabilities, you can learn so much from them ”** Female, Year 12

## WHAT TYPE OF VOLUNTEERING COUNTS TOWARDS AWARDS?



### School-based Volunteering (14 – 19 years)





## Community-based Volunteering (14 – 19 years)



- You can gain 25% of your award through training, for example, undertaking a first aid qualification.
- The remaining 75% must be gained in a placement through active volunteering.

## WHY BECOME A VOLUNTEER?

**Community Volunteering has engaged with over 16,000 young people since it was first launched in 2002. It helps you gain skills in:**

Planning, organisation, negotiation, time-management; increases confidence, strengthens leadership skills; improves communication and supports future employment.

### Step into Sport Pathway

## Step into Sport Pathway 2008-11

Pathways into careers and lifelong volunteering as a:  
**Coach, Official, Event Volunteer, Team Manager,  
 Sports Admin, IT and Media**

<b>16+ Step OUT</b>	NGB-specific Coach/official Awards SLUK level 2 & 3 Awards	TOP Link Confs	Leadership Academies	<b>College-based Vol (+3 in FE):</b> • Sport Unlimited SIS Awards	<b>Community Vol (+3 in community)</b> Leading in clubs and events SIS Awards	NGB Volunteer & future work- force camps	Sustaining Volunteering (Online passport & mentoring)	Diversity of Young People (SIS Camp, research, good practice)
<b>14+ Step IN</b>	NGB Introductory Leadership Awards SLUK level 1 & 2 Awards			<b>School-based Vol (+3 in school):</b> • Sport Unlimited • Competition • Events/Festivals Sis Awards	Assisting in a Club & Supporting Events NGB SIS Awards			
<b>11+ Step ON</b>	Sport Education SLUK Young Leaders Awards  <b>Grow Education</b>			<b>PE Curriculum (2 HQ PE)</b>  <b>Deploy School Sport</b>	Helping out in a Club  <b>Community Pathway</b>			

Please go to [www.youthsporttrust.org](http://www.youthsporttrust.org)  
 useful links section, SiS Volunteer Passport to access the online passport.

## SIS VOLUNTEER PASSPORT

**We are pleased to announce the new online passport for active volunteers. You will now be able to log and manage your volunteering online with the Youth Sport Trust.**

To register onto the programme you will need to obtain the school voucher code from your school mentor. This will allow you to register onto the SiS volunteer passport and enable you to record your volunteering hours and work towards your award.

When you first access the site you will have the opportunity to watch an introductory DVD which will contain user information. This will only last for a few minutes and although the introduction can be accessed at any time we recommend that you view this so that you are fully briefed on the system.

When you have completed your introduction you will be asked to register your details, all fields listed are required fields and your registration will not be activated until those fields have been completed. So please ensure that you have all the relevant information with you.

The SiS Volunteer Passport can be accessed through the YST homepage at [www.youthsporttrust.org](http://www.youthsporttrust.org)

The new site will offer not only an electronic log but you will be able to access PDF resources and case studies to support you with your volunteering. Should you require any assistance FAQs are available for PDF download from the SiS Passport homepage.

Good luck with your Volunteering,

### Step into Sport Team

**“ I got so much from Community Volunteering. It has been fantastic. I am still volunteering now and hope to carry on ”** Female, aged 19

“ There is a lot of support for the young leaders (such as the 4-day camp) from going to the camp it improved my confidence even more than it was”

Male, aged 17

“ It has made me think about working as a coach for children in the future”

Female, Year 12

“ I have thoroughly enjoyed all of my volunteer work to date and I think my enthusiasm has radiated to the children and my colleagues. As long as the children and myself are enjoying it I will continue to do it”

Male aged 18

